



Sailors Of the Year Visit Abraham Lincoln Museum



Photos By MC2(AW) Jeremie Yoder

HM2 (SW/AW) Sylvia Fawson and SKSN Jason Wong view a timeline of President Abraham Lincoln's life at the Abraham Lincoln Museum in Springfield, Ill.

By MC2(AW) JEREMIE YODER
Penny Press staff

In Springfield, Ill. on February 10, 2007, while Senator Barack Obama announced his candidacy for President of the United States of America at the nearby Old City Hall, some of the USS Abraham Lincoln (CVN 72) Sailors of the Year visited the Abraham Lincoln Museum.

While the historic impact of the Senator's words was already being anticipated by the media, the impact of Lincoln's historic words and actions on the lives of three Sailors was largely unan-

anticipated.

Following a brief stay in the greater Chicago area that included a visit to Recruit Training Command at Naval Station Great Lakes, Junior Sailor Of the Year Hospital Corpsman Second Class (SW/AW) Sylvia Fawson, Bluejacket Of the Year Storekeeper Seaman Jason Wong, and trip facilitator Torpedoman's Mate Chief (SW/AW) Regina Hawley made their way two hundred miles south of the "Windy City" to visit the site of the 16th president's fledgling law practice and aspiring political career.

"In truth, I thought that (the Lincoln museum) was just going to be another boring museum," Fawson said. "I thought that the ship simply sent us to it because the name of our ship bears Lincoln's name, but it ended being my favorite part of the trip."

Fawson said that the exhibits and the technology behind them were amazing.

The museum, housed many unique and state-of-the-art exhibitions that focused on aspects of Lincoln's life and legacy. The Sailors found the three-dimensional holographic exhibit presenting the ongoing work of preserving the written words of Lincoln especially interesting.

"I felt that it (the holographic exhibit) gave me a connection to Lincoln himself," Hawley said. "The museum invested a lot to connect us to the man and give us a sense of his life and time."

According to Wong, the information and presentation of Lincoln's years spent in the White House was especially powerful.

"I had no idea that Lincoln was so scrutinized and criticized for what he was trying to do," Wong said. "He had failed at most

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Lincoln Sailors Say Thank You to Seattle Veterans

By MC2(SW) MICHAEL HART
Penny Press staff

Sailors from USS Abraham Lincoln (CVN 72) visited the Veterans Affairs Hospital in Seattle Feb. 13 as a part of the National Salute to Hospitalized Veterans.

Eleven Sailors from Abe volunteered

their time to visit veterans from World War II to the conflict in Iraq.

"The administration at the hospital was impressed with the time and attention Lincoln Sailors were giving to the patients," said Chaplain Candidate Lt j.g. Jason Dart, prospective Religious Ministry division officer.

Community Relations (COMREL)

projects give Sailors a chance to represent their command and the Navy in a positive light. In addition to benefiting the Navy's image, the COMREL benefits Sailors as well as the hospital patients.

"The veterans received a bright spot in their day," Dart said. "The 'thank you' meant a lot for them. Our Sailors' visit

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Community News

Movie tickets are on sale in the MWR office for \$5 each. Tickets can be purchased for Regal and AMC/Lowes theaters.



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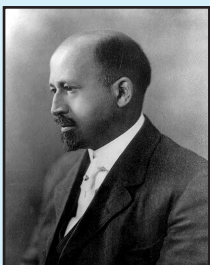
Free Admission
Register Now!

Throughout 2007, members of the military and as many as three direct dependents may enter any one of Anheuser-Busch's SeaWorld, Busch Gardens or Sesame Place parks with a single-day complimentary admission.

<http://www.herosalute.com>



Had a drink? Get a ride!
Call (425)530-1934 for Abe's Smart Ride.
A phone call now can save you a
headache later.



Black History Month Spotlight

Activist, author and educator W.E.B. Du Bois was born on this date in 1868. By the time of his death he had written 17 books, edited four journals and played a key role in the reshaping of black-white relations in America.

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Local Stories

Lincoln Completes Major Overhaul On Flight Deck

By MCSN DENNIS IRWIN
Penny Press staff

Air Department Division V-2 Sailors responsible for launch and recovery of aircraft aboard USS Abraham Lincoln (CVN 72) teamed up to lower cylinders into the flight deck to complete the last steps of a major overhaul on one of four steam powered launch catapults Feb. 15, moving Lincoln closer to flight operation readiness.

Air Department Sailors started the overhaul in August of 2006. The first step was raising the cylinders above the flight deck and reforming them to their tube-like shape.

"The overhaul on catapult three began in San Diego on the way home from the Western Pacific Deployment in 2006," said Aviation Boatswains Mate Equipment 1st class (AW/SW) Geffrey Stonebreaker. "It has taken teamwork and a lot of man hours from everyone to effectively complete the job."

Completion of the last step took 80 Sailors and civilian contractors turning cranks simultaneously to lower the cylinders into the flight deck.

Stonebreaker said that each cylinder had to be formed and laid in just right so Lincoln can launch and recover aircraft efficiently out at sea.

"The goal is to get Lincoln's flight deck to be flush again," Stonebreaker said. "Completion of this evolution was pertinent to Lincoln's mission readiness."

The catapults on Lincoln are steam powered, which means steam pushes a piston through a cylinder that is connected to a shuttle. The shuttle is connected to the launch bar on the aircraft. When the system is fired off the result is aircraft in flight.

"The catapult was overhauled to ensure it was in perfect working condition," said Aviation Boatswains Mate Equipment 1st class Michael



Photo by MCSN Kathleen Corona

Sailors and civilian contractors work together on the flight deck of Lincoln to lower a cylinder below the flight deck for catapult three.

Hollick. "Catapult four is already completed and catapults one and two are to be overhauled next."

"The success of flight operations aboard an aircraft carrier lies in the effectiveness of its catapults," Stonebreaker said.

"What good is an aircraft carrier without planes?" Hollick said.

Catapult three will undergo a series of tests firing off the system. The tests check the working capacity of the catapult and ensure all of the components fire off correctly. These are called "no-load" tests, which is firing off the catapults minus aircraft.

After completion of the "no-load" tests Lincoln Sailors From the Air Department will expect to do additional work on catapults one and two to prepare Lincoln for flight operations at sea.

Support Equipment Maintenance Keeps Flight Deck Safe

By MCSN KATHLEEN CORONA
Penny Press staff

The Aircraft Intermediate Maintenance Department (AIMD) on board USS Abraham Lincoln (CVN 72) lives by the motto "no air support without ground support." Without the help of the support equipment on the flight deck, flight operations would not be able to happen.

"The support equipment are such integral pieces, if any of them malfunction the Captain can cancel flight operations," said Aviation Support Equipment Technician 3rd Class Robert L. Herstein, a member of AIMD's Support Equipment team.

There are more than 300 pieces of support equipment on board Lincoln. From tow tractors

that help move aircraft around the hangar bays and the flight deck to the P-25 firefighting vehicle to the crash crane, an aircraft crane that helps the ship's crash and salvage team recover crashed aircraft.

Every piece of support equipment is being reworked. Engines are being replaced; new transmissions installed and painting is being done. Everything is being overhauled, cleaned up and any maintenance needed is being done. All of this is in order to keep everything in the best working condition possible, Herstein said.

The work on the support equipment began when Lincoln entered the Dry-dock Planned Incremental Availability (DPIA) and is now nearing completion. Roughly 60 personnel from AIMD are part of the team working on the equipment.

According to Herstein, the maintenance being done on the equipment is essential to the work that the equipment will do when the ship gets underway for flight operations.

"We want to make sure everything is in its best working order to ensure everyone's safety," Herstein said.

The support equipment team is trained to work on diesel engines, hydraulic systems, electrical systems, and systems with hydrogen or oxygen. They work day and night to keep all their equipment and systems fully functional.

Herstein estimates the work on the equipment will be finished by March and the equipment support team will be back to full operational capability.

Lincoln Pride



USS Abraham Lincoln (CVN 72) Sailors prepare for the "Diversity Run." The 5-kilometer run was sponsored by Lincoln's Heritage Commity to celebrate the diversity onboard Abe.



HTC(SW/AW) Carmen Viduya, Lincoln's Equal Opportunity Advisor Speaks to Sailors before the "Diversity Run."

Photos By MC2(SW) Michael Cook

"Fun Run" Teaches Abe Sailors Diversity

By MC2 (SW) MICHAEL COOK
Penny Press staff

More than 170 Sailors from USS Abraham Lincoln (CVN 72) celebrated Black History Month Friday, February 16 with a 5-kilometer "fun run" on Naval Base Kitsap Bremerton.

Sponsored by Lincoln's Heritage Committee, the second annual Diversity Run began with a speech by Capt. Thomas E. Nosenzo, Lincoln's Executive Officer.

Speaking to Sailors assembled on the pier prior to the run, Nosenzo stressed the importance of remembering the struggles of the past while honoring the diverse culture that makes up the United States Navy.

"For hundreds of years, there have been those who have had to overcome obstacles because of their backgrounds," Nosenzo said. "Whether it was because of their skin color, their religion or even the sizes of their feet, people have had to overcome obstacles throughout history."

Chief Hull Technician (SW/AW) Carmen Viduya, Lincoln's Equal Opportunity Advisor, said the Diversity Run was a good way for people to celebrate Black History Month while having a fun time.

"It's a fun way to hold training. I mean, you're running alongside people from every background, and running together as a group," Viduya said. "It's just a really fun time, and it gives Sailors the chance to celebrate their differences while coming together as a team."

Viduya said she hopes that the Lincoln Diversity Run will be a tradition that carries on for future Lincoln Sailors.



Photo By MC2(SW) Michael Cook

USS Abraham Lincoln (CVN 72) Sailors start the "Diversity Run." The 5-kilometer "fun run" was held at Naval Base Kitsap.

News

Air Traffic Controlmen Hone Skills In Pensacola

By MCSN KATHLEEN CORONA
Penny Press staff

While an aircraft carrier is in the Dry-dock Planned Incremental Availability (DPIA) it is impossible to conduct flight operations. Some of the skills that support naval air operations don't get used for many months. That can cause some personnel to worry about forgetting some of these skills.

The air traffic controlmen aboard USS Abraham Lincoln (CVN 72) have a way of combating that fear.

Thirty two of Abe's air traffic controlmen traveled to Pensacola, Fla., Jan. 28 through Feb. 9 to participate in

a class to keep their skills proficient. For eight hours a day they practiced aircraft launches and recoveries in a special simulator.

"The training simulated all aspects of flight operations," said Air Traffic Controlman 1st Class (AW/SW) Christopher Switzer. "It's just like being underway."

The students also took the Naval Aviation Training and Operating Procedures Standardization test (NATOPS) which tested their skill levels and proficiency at their jobs.

A "mob run" or graded run of a launch and a recovery was done by the 32 AC's in Pensacola, and was passed

with high marks.

According to Switzer, all of the Air Traffic Controlmen on board except for those on temporary assigned duty (TAD) elsewhere will get the opportunity to go to Pensacola for the training.

"We want to take everyone so they can all stay proficient, so there's another trip planned for Feb. 25 through March 9. We plan on taking about 20 of our personnel."

"Going to Pensacola helped us train our new Air Traffic Controlmen as well as try out new people for different positions. It helped us plan for the future" Switzer said.

COMREL

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may affect the patients in ways we'll never see. I spoke with veterans from various major conflicts and they had a wealth of knowledge that needs to be preserved and passed on."

Dart added that Lincoln Sailors' experiences at this and any other COMREL benefit them in a personal way.

"No experience is a bad experience,"

Dart said. "Any time you have a chance to serve something outside of your comfort zone, take it. It may change your life. It may sound trite, but a COMREL is often a chance to positively change your life."

Dart added that even though he considers this project a success based on the positive response he received from the hospital's administration, he mentioned that more Sailors and veterans could benefit.

"We know there are other demands on Sailors' schedules," he said. "But I would like to see more Sailors participating if possible. The effects of those acts of service are immeasurable"

Anyone curious about community relations projects should keep an eye on the Plan of the Day, Channel 9 on ship's TV, KRUZ Radio, or contact the Religious Ministries Department at j-dial 7148.

Welcome Aboard The Lincoln

USS Abraham Lincoln (CVN 72)

would like to welcome the following Sailors on board:



HM2 Eduardo Alaniz	QMSR Jonathan Izzett	HTFR Steven Serna
OSSR Zachary Owen	SKC John Rego	CTA2 Larry Elder
OSSA Aicha Roblez	SK2 Emily Rodriguez	AA Eduardo Fajardo Jr.
IT2 Timothy Firkins	ETSA Ryan Cole	AR Mark Hannah II
AS1 Robert Spicer	CS2 Eteban Fernandez	IT2 Robbin Lewis
AOAR Jeremiah Baker	SKSR Ryan Wells	ABEAA Brian Luce
IC2 Jeffrey Dunkin	ABHC Reycard Abrenilla	AR Eric Matos
AT1 Michael Herndon	MM2 Anthony Rossi	AR Corey Roudebush
AOAR Christopher Holguin	ABFAN Donald Shelvin Jr.	AR Roman Roumiantsev
SKC Nelson Madamba	EMFN Daniel Allen	AN Tou Vue
EMFA Samuel Medina	SHSN Charae Tyre	
ABH3 Thomas Delgado	HTCS Timothy McPeek	
ATAR Joshua Mitchell	ETSN Christopher Bogert	
ABH3 Jerson Emiano	ETSN Christopher Johnson	
ET3 William Kluender	ETSA Tanner Squire	
ABEAR Shaun Bankston	ASAA Kellie Brodie	
ABEAR Shannon Eck	OS2 Darien O'Neal	
BM1 John Fuller	FCSN Randy Sorensen	
ABEAR Melissa Halsey	SHSR Gary Borja	
OSSR Adam Charter	YNC Kevin Martin	
ADAA Marty Shepard	SHSR Romann Martin	



Local Stories



Shipmates

The strength of a warship lies in the hearts and hands of its crew.



Photo By MCSN Kathleen Corona

EM1 (SW/AW) Andrew Stuart, a Sailor aboard USS Abraham Lincoln, re-enlists aboard the decommissioned USS Camden.

SOY

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everything he had done his whole life, but he overcame the challenges that he faced. It was really inspiring to see the adversity that he endured as president and yet overcame."

As history records, just as the four years of civil war came to a close, and prior to Lincoln experiencing the result of his unswerving vision, he was murdered.

"Lincoln knew his purpose, and nothing could stop him" Hawley said. "People hated him, but he had to do it. He had to accomplish his vision."

"He knew that his work would affect America and the world for many generations and many people to come, and he refused to let any obstacle stop him," Hawley said.

In spite of his premature death, history has conspicuously revealed the value of Lincoln's vision and efforts to both abolish slavery and preserve the union of the United States of America.

"It was eye-opening to see the reality of President Lincoln's humble beginnings," Fawson said. "He went from poverty to become one of our country's greatest presidents who forged, in great part, America's future."

Editor's Top 10

Stuttering Songs
heard at karaoke
establishments...

10. Def Leopard
"Foolin"
9. The Who
"My Generation"
8. David Bowie
"Changes"
7. The Bee Gees
"Jive Talking"
6. The Knack
"My Sharona"
5. Bachman Turner
Overdrive
"You ain't seen nothin
yet"
4. George Thorogood
"Bad to the Bone"
3. Elton John
"Benny and the Jets"
2. Phil Collins
"Sussudio"
1. The Kinks
"Lola"